



**BADEN-BADEN**  
The good-good life.

**BADEN BADEN**  
KUR & TOURISMUS GMBH

Baden-Baden Kur & Tourismus GmbH  
Solmsstrasse 1  
76530 Baden-Baden  
Tel. +49 (0)7221 275200  
Fax +49 (0)7221 275202  
info@baden-baden.com  
www.baden-baden.com



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*How do you say*  
**»nature«**  
*in German?*



Baden-Baden for the active

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# Culture and nature



## **BADEN-BADEN, 11:52 A.M.**

A young woman falls into a dreamlike state standing in front of a painting in the *Museum Frieder Burda* while her boyfriend pushes off firmly with his foot to get airborne one more time: he is paragliding over the town from the region's landmark mountain, *Merkur*. Meanwhile, a carriage travels slowly past the museum along *Lichtentaler Allee*. Inside are three fine gentlemen in the best of spirits. Two Japanese joggers briefly keep up with the vehicle while three kilometres further south an athletic couple from Paris clings onto the climbing rock and edges its way upward one millimetre at a time. At the very second the man lowers his partner down on a rope, an older lady savours the last bite of her cake on an elegant terrace. And at the precise moment the

waiter brings her a second cup of coffee, a young girl is taking a sip of crystal clear water from a spring in the forest. She resumes hiking with her parents while a boy her age whoops with delight in the warm thermal water. A spirited horse whinnies, its rider gazes spellbound across the landscape. In the distance he can see a paraglider circling in smooth arcs over Baden-Baden.



## **EVERYTHING, EVERYTHING IN BADEN-BADEN.**

As you can see, anything is possible in Baden-Baden. You can relax doing nothing at all or enjoy a great variety of activities. You can stay under the covers in your hotel suite or you can jump out of bed raring to go at first light: an exciting day lies ahead of you. Baden-Baden is a town full of possibilities. There is internationally renowned art, wonderful architecture, there are fine boutiques and artisan workshops. There is the *Kurhaus* with its famous casino, the Festival Hall with its outstanding events and of course hotels and restaurants without equal. For all of these reasons Baden-Baden has made a name for itself. Recently, the town has undergone a rejuvenation. The *New York Times* described Baden-Baden as 'belle époque meets Instagram'. Today, classic savoir vivre meets the diverse lifestyles of our time. People of all ages and from all walks of life come to Baden-Baden to have a good time. That is why we also call ourselves 'Europe's lifestyle capital'. And this lifestyle certainly includes the most inspiring art exhibitions, the hippest clubs, the Michelin-starred restaurants and the roulette wheel in the casino. But one treasure more than any other has made Baden-Baden what it is. And, surprisingly, it is not only the famous thermal springs, which were discovered 2,000 years ago and have



done wonders to people's health ever since. It is the all-embracing nature – its magnificent location in the Black Forest. It is the mountains and valleys, the babbling brooks and cascading waterfalls, the colourful meadows, the palm trees and lemon groves on the hill known as *Florentinerberg*, the rose and dahlia gardens, the boulevards in town and the trails through the countryside. And it is completely up to you whether you wish to discover exquisite horticulture in parks and gardens or if you prefer vineyards, orchards and agriculture. Or you could even leave civilisation behind completely to explore the wilderness of the national park. Immersing yourself in this natural setting or flying over it, scaling the rocks, exploring hidden places by bike, playing a round of golf on one of the courses – it is all part of the lifestyle that will turn the days you spend in Baden-Baden into a unique experience. That's a promise.



# Baden-Baden: twice the good fortune.



© Kolb/Nationalpark Schwarzwald



Kurhaus



Thermal Spring Caracalla Therme



Festival Hall



Guests from all over the world come to Baden-Baden – and not only to visit the Festival Hall or *Kurhaus*, the first-class museums, the thermal baths and wellness oases. They also come to get active, contemplate, challenge themselves or simply just to unwind. Baden-Baden is situated amid wonderful nature – and there is a wonderful nature about Baden-Baden. It is impossible to separate one from the other. Twice the good fortune, infinite possibilities: dance the night away in a club, watch the sun rise over the *Merkur*, experience Roman bathing culture with a visit to the *Friedrichsbad* or kiss beneath a cypress tree on *Florentinerberg*. There is so much for you to try!



## *Arrival.*

*'We arrived two hours ago. We have never been here before. The reception at the hotel: just like in a movie. Our suite: superb. We lay on the bed and promptly fell asleep. We are now going to have a cup of coffee and then take a look around. This evening we may have a little bet in the casino. Tomorrow we'll take it easy and start by exploring the countryside on mountain bikes. I want to smell the flowering meadows and the cool scent of the forest. We will spend the evening at the thermal baths and then perhaps go to a concert. The day after will be more adventurous and we will go for a long hike, simply set off and keep going. But at the moment we are not making any big plans. Shopping, eating and drinking well, and just enjoying the time are all part of the experience.'*

Stefan and Manon G. from Potsdam





# The best of all worlds.



Baden-Baden, culture and nature, excitement and recreation. The town and surrounding area offer a mix that is truly relaxing. After all, the body and the mind belong together – and both are pampered here with the finest ingredients. If you wrap your body in a new dress, your mind rejoices. If you treat your mind to a concert given by the Berlin Philharmonic Orchestra at the Festival Hall, your body almost feels as if it is floating. And so it continues. Take a stroll through the rose garden and the scent will stir your senses. Scale the *Mercur* and while your body trembles, your mind is already flying towards the horizon. And as you savour a delicious meal accompanied by one of the region's fine wines, you will no longer be able to tell whether your body or your mind is experiencing maximum enjoyment.



## Culture and nature in Baden-Baden.

*'It's our day off. Our kids have to stay at home. We can do anything we want. Visit interesting exhibitions by young international artists, spend hours at the spa or simply shop a bit. Okay, if our conscience comes calling and suggests we go in for sports, we'll be ready. Lichtentaler Allee is perfect for joggers. We could trot around on horseback exploring the wonderful scenery or hike to the waterfalls. How comforting it is to know that when you do plenty of exercise during the day, you can eat and drink to your heart's delight in the evening.'*

Antje W. from Stuttgart and Till B. from Heidelberg



# The countryside is on the doorstep.



Visitors to the Black Forest National Park can experience the wild beauty of the Black Forest, the magic of unspoiled nature and tranquil islands far away from the hustle and bustle of daily life. Baden-Württemberg's first national park was founded on 1 January 2014. On an area covering some 10,000 hectares between Baden-Baden and Freudenstadt, the forest is allowed to grow a little wilder. The motto here is: 'Let nature be nature'. From the rare three-toed woodpecker to the bark beetle, there is room for all in the national park, parts of which are in the municipal forest. Discover the *Luchspfad* and the *Wildnispfad*, both of which pass through the future primeval forest on narrow pathways. If you prefer something more civilised, the winegrowing region is nearby: grapevines as far as the eye can see, a mysterious castle and a grand palace amid gently rolling hills and magnificent views. And those are just two of the endless possibilities for hikers on the 480 different hiking trails.

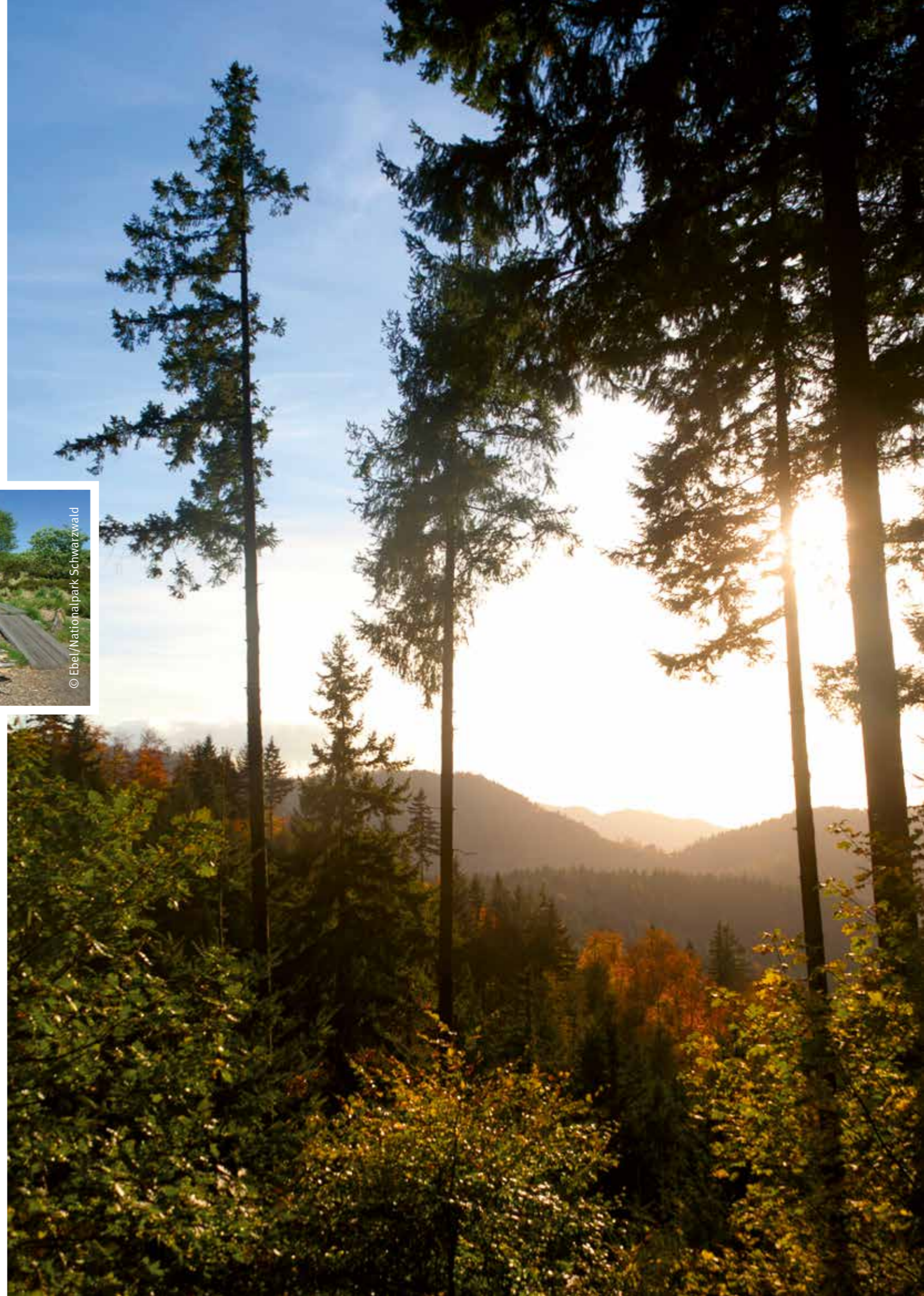


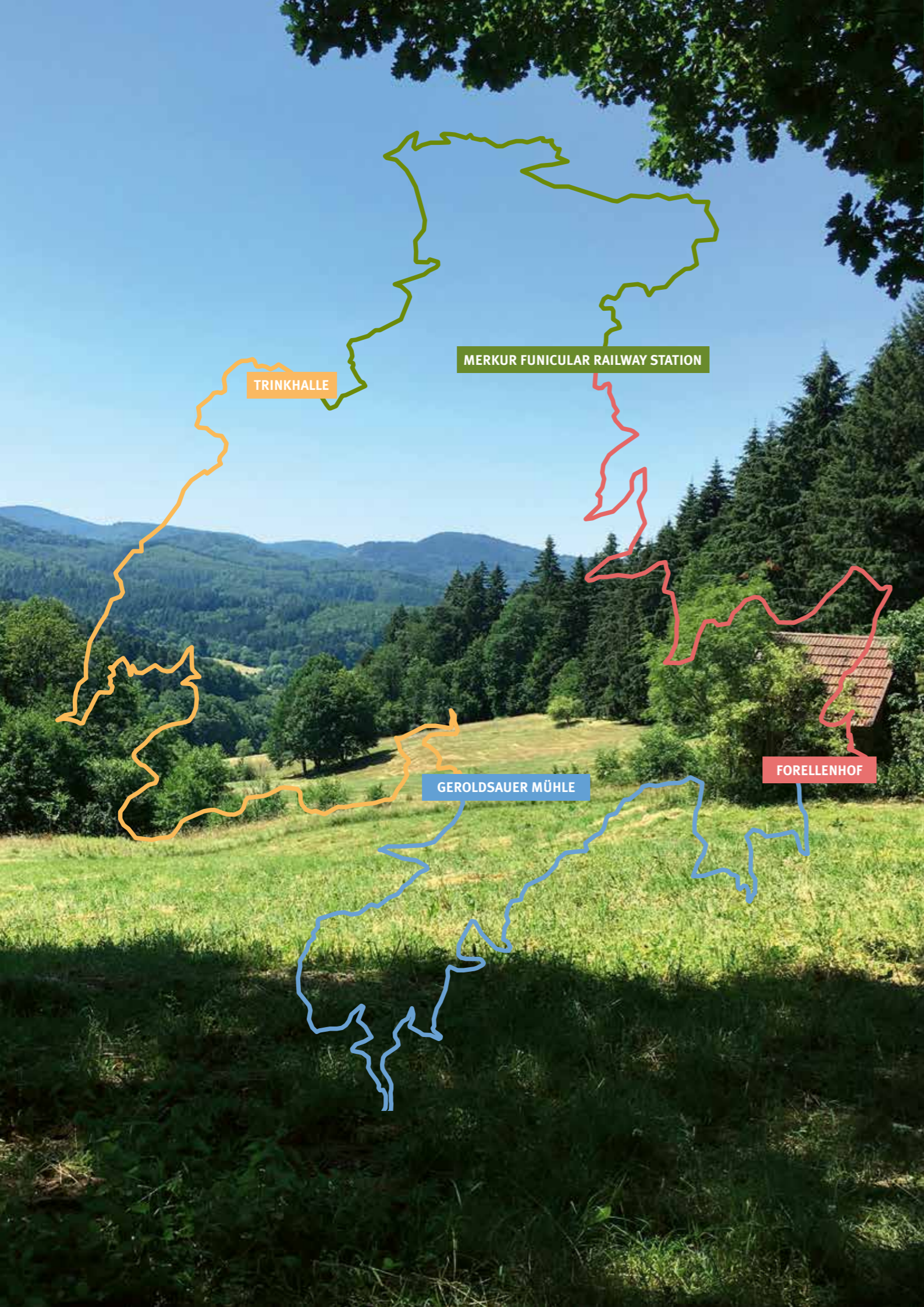
© Ebe/Nationalpark Schwarzwald

## *Baden-Baden – a hiker's paradise.*

*'How do you get a thirteen-year-old boy on a hiking trail? Even when the natural surroundings are breathtaking. Even when the sun is shining and the whole family wants to go for a stroll in the forest, sit by the river and pass by small villages and huge fir trees on the way to the ancient castle. 'No, I don't feel like it,' was the answer. We then opted for stone-cold blackmail. 'The day after, you have the choice between the SWR3 New Pop Festival, a music workshop with real artists or a trip to the Caracalla Spa. But only if we all go hiking tomorrow – with smiles on our faces!'*

*Sabine, Reiner, Jonas and Merit W. from Düsseldorf*





## One of Germany's finest hiking trails.



### Stage 1:

#### TRINKHALLE TO THE MERKUR FUNICULAR RAILWAY STATION (8.5 KM)

An 8.5-kilometre walk will take you from Baden-Baden to great heights – with views of the Festival Hall from the *Balzenberg*; the *Kurhaus* and the *Neues Schloss* from the *Sophienruhe*; and the Black Forest as far as Alsace from the *Battert* rock formation.

### Stage 2:

#### MERKUR FUNICULAR RAILWAY STATION TO THE FORELLENHOF (9 KM)

Roaring stags and squealing young boars in the game reserve, bleating sheep in the valley known as *Pfrimmersbachtal* – nature is calling, not to mention the magnificent views that stretch for miles on end.

### Stage 3:

#### FORELLENHOF TO GEROLDSAUER MÜHLE (13.8 KM)

The hike continues uphill to the famous *Geroldsau* waterfall. Here, amid fragrant rhododendron bushes and the gentle rush of water, Johannes Brahms and Gustave Courbet drank inspiration by the litre.

### Station 4:

#### GEROLDSAUER MÜHLE TO THE TRINKHALLE (12.3 KM)

After travelling further uphill to the hut at the *Louisfelsen* observation point, Baden-Baden lies below in all its beauty – from the *Batschari* hut to the Rose Society Garden, the wild *Friesenberg* with its old oak trees to the *Stourdza* Chapel in the grounds of the park by the *Trinkhalle*.

### The Panoramaweg.

*'Hiking, taking photos, eating, going out – that is the programme for our three-day stay in Baden-Baden. I want to show my friends from France and Italy a little bit of Germany: we are on the Panoramaweg, one of the country's finest hiking trails. We have now completed the first stage. It was amazing. Our photo series will be called 'Men: Nature!' One man sleeps in the orchard while another observes the roaring stags and a third is up to his neck in yellow gorse. And the views are magnificent: across the tree-covered heights of the Black Forest from Yburg Castle to Ruberg Mountain. This is Baden-Baden in all its glory. This evening we will take a closer look at some other places – the cool local bar, the casino and maybe even the club.'*

Stefan W. from Berlin, Jean-Pierre D. from Anvers, Massimiliano P. from Trieste





Teufelskanzel (Devil's Pulpit)



Engelskanzel (Angel's Pulpit)



Rose Society Garden on Beutig Hill



## Two of 18.

### 'IN THE FOOTSTEPS OF THE MARKSMAN' HIKING TRAIL

Mist, a deep valley, huntsmen, betrayal – and then: shots. Ah, that is 'The Marksman' by Carl Maria von Weber, the Romantic German opera. And in the Wolf's Glen a setting awaits that provided inspiration for Weber: a little brook, a craggy cliff, gnarled roots – it all seems eerie in the mist. It's a good thing the sun is shining as the trail continues to the rock formation known as *Verbrannte Felsen* (burnt rocks) with the Lukas hut and on towards *Alt Eberstein* Castle. The Rhine Valley suddenly appears at your feet, with a magnificent view stretching as far as the Vosges Mountains. Watch the climbers on the *Battert* rock formation before continuing to *Hohenbaden* Castle via the *Ritterplatte* observation point. Things get exciting again on the way back as you pass through the *Engelskanzel* (Angel's Pulpit) and *Teufelskanzel* (Devil's Pulpit). The dispute that allegedly took place here between the angel and devil would make a good opera, wouldn't it?

### 'THE MAGIC OF THE OOS' HIKING TRAIL

How often have you found yourself exclaiming 'Ah!' and 'Oh!' since you've arrived in Baden-Baden? On this wonderful trail you can really discover the magic of the *Oos*. It gently rises with the river *Oos* flowing towards you. You can dip your feet in at any time. The flowers, animals and meadows are never-ending, because in theory you could keep walking in a circle – going on one side of the riverbank, and returning on the other.

### THE 'FOREST AND ROSES' HIKING TRAIL

You not only need your legs on this hiking trail, but also your nose! For what could be nicer than nature's very own perfume? Real forest and rose scents, not captured in bottles, but in abundance all around you. All you need to do is start walking, breathe in and enjoy the experience. The trail starts at the *Trinkhalle* and continues through the green forests of the *Friesenberg* to the Rose Society Garden on *Beutig* Hill.

A total of 18 circular trails covering 140 kilometres take you to the scenic highlights around Baden-Baden. All starting points are easily accessible by bus and parking spaces are available by the forest. You will find other recommended tours in the overview at the end of the brochure.



### *Circular trails.*

*'One tour per day. Today it was the Oostal. We began the day with a light breakfast at the hotel before setting off. In no time at all we were surrounded by nature, walking past flowering meadows, blackthorn hedgerows and antique hay sheds. We found out how old they are. They were built in the 17th century by South Tyrolean tree fellers. And the colours: pink bistort, yellow kingcup, chestnut brown Scottish Highland cattle! Our cheeks were red; the Oos water was crystal clear. It just babbled along forever. We will soon head back to our guest house in the Black Forest. Tomorrow we will set off on another circular trail.'*

Georg C. from Munich with his grandson Lion

# A network of start and end points.



A broad network consisting of 224 kilometres of hiking trails to specific destinations and 64 kilometres of long-distance hiking trails connects all important start and end points. This makes it possible to put together countless hiking tours. Here are just two of them:

## DESTINATION: MERKUR

*Merkur* translates into English as ‘Mercury’, but you don’t need a spaceship to get here, just a good pair of walking shoes. The *Merkur* is Baden-Baden’s landmark mountain. It is a steep climb to the top. The first break: the natural *Kneipp* basin. Stomp around barefoot in the ice-cold water or even dip your forearms in and shake them dry. Screaming is allowed! The journey continues uphill and once you’ve reached the top, you should grab one of the deckchairs around the *Merkur* tower. Don’t worry, there are plenty. Have a rest, then take the spiral staircase to the top of the tower to marvel at the view. This will work up an appetite, and the nearby inn awaits you. You might want to take the funicular railway down – which can of course bring you back up again if you happen to forget your walking stick!



Friedrichsturm-Tower on the Badener Höhe

## DESTINATION: BADENER HÖHE

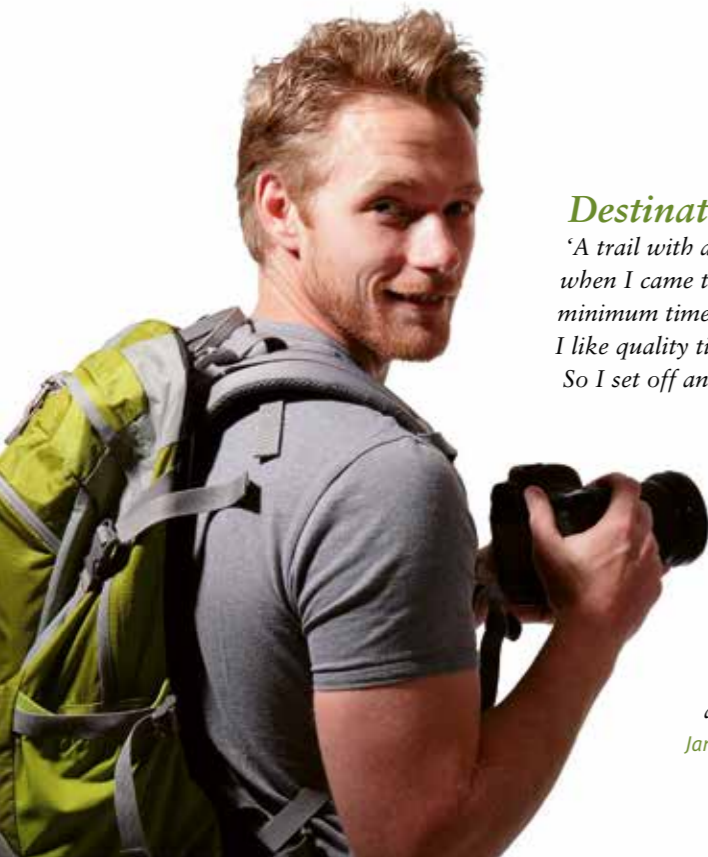
The *Friedrichsturm* sits atop the *Badener Höhe* and is thus the highest point in Baden-Baden. His Highness Emperor Wilhelm inaugurated the tower and even made his way to the 800-metre summit by foot like a mere mortal. Crazy, huh? Well, you can do it, too. The tour allows you to take in the sheer diversity of the Black Forest. At the bottom, in the area around *Geroldsau*, you can walk around lovely orchards. In the *Grobbach* Valley you are surrounded by rhododendrons, and at the *Geroldsau* waterfall you can see and hear how water actually falls. The trail continues until you have made it to the top. On the summit of *Badener Höhe* you are greeted by the artistic-looking and constantly changing tree root plates and can also enjoy fantastic views as far as the Swiss Alps, the Palatinate Forest, the Swabian Jura and the Vosges Mountains. What was Emperor Wilhelm thinking as he stood up here? Perhaps: ‘All mine?’

## Destination trails

*‘A trail with a destination ... brilliant! That’s what I thought last year when I came to Baden-Baden for the first time for a short break – minimum time, but maximum luxury. Every second should be precious. I like quality time and am a fan of finding destinations I want to reach.*

*So I set off and suddenly noticed that the pressure on me just eased with every step I took in these relaxed and beautiful natural surroundings, including the pressure of having to get the best out of everything. Then came the moment as I marched through a herd of sheep on the way to my destination. This big sheep stood in my way and wouldn’t move. He looked at me as if to say: “Stay where you are and do absolutely nothing, just like me.” And that is what I did. I didn’t reach my destination that day, but I gained something else instead. I am setting off again today. Maybe I’ll meet the sheep again.’*

*Jan S. from Hamburg*





# The Rebland is ripe for exploring.

*Riesling* and *Spätburgunder* grapes have been pressed here for centuries. Beforehand, of course, they grow under the sun in good soil. And you can discover this soil by walking from one vineyard to the next on the *Neuweierer* circular wine trail. It starts at the church in *Neuweier*, taking in the *Mauerberg* at *Schloss Neuweier*, and then suddenly the vineyards appear before your eyes. In the distance you will see church steeples set against the blue sky. The trail meanders from one place to the next until you reach the *Heiligenstein* observation point. Why not take a seat on one of the many benches located around the particularly fine vantage points and enjoy a biscuit. It is wonderful to see the way in which hills and valleys, vineyards and small villages form a harmonious image. Should you visit one of the estates and try a drop of the good stuff or eat a bit of cake as a little treat between meals? Oh, why not! You can always phone the hotel and ask to be picked up. Cheers!



Almond blossom in Varnhalt



## *Between the forest and vines: wine hiking trails.*

*'My girlfriend is from France and I'm from Switzerland. Of course it is also very nice where we come from, there is no question about that, but we always like coming to Baden-Baden, because we can combine all of the things we love: superior service at the hotel, excellent cuisine, fine wine and wonderful walks. We have discovered some fabulous wine hiking trails; they pass right through select vineyards. And what is good for the grapes can't be that bad for humans either: sun, sun and more sun. Walking immediately makes you thirsty ...'*

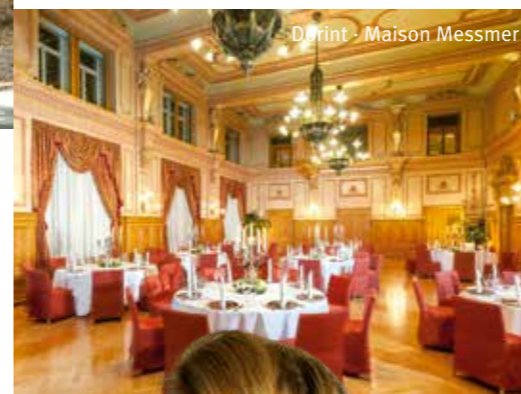
Ulf P. from Basel and Madeleine M. from Strasbourg



Kurhauskolonnaden



Le Jardin de France



Dorint - Maison Messmer



Geroldsauer Mühle



Waldgasthof Scherrhof

# Baden-style *hospitality*, international *indulgence*.

In the *Rebland*, you can visit vineyards, eateries in the forest, barbecue areas, a Michelin-starred restaurant or simply lay a picnic blanket on the ground with regional bread, ham, cheese and water from the stream. Magnificent. Baden-Baden offers everything the heart desires. And with such a vast choice of restaurants, cafés, bars and cosy pubs, you'll find it difficult to make a decision. A tip: try something unusual. After spending a day surrounded by German nature, sample some Spanish tapas. Or go for a Thai meal. Or French. There are so many options. Here's another idea: indulge in something luxurious. Treat yourself to a five-course meal (but only if you climb the *Merkur* the next day!).



## *Dining in and around Baden-Baden.*

*'We love variety – and equality. This means that we take it in turns each day to decide on everything we are going to do and the other person has to agree to do it. Yesterday we went to the Museum Frieder Burda and afterwards had sushi. Today we are hiking through the Wolf's Glen and will dine Baden-style at an eatery in the forest. Who knows, maybe tomorrow we will take a Kneipp water cure and eat loads of cake.'*

Marion and Philipp W. from Cologne





## The Baden-Alsace golfing region.

The game of golf was played on *Lichtentaler Allee* in Baden-Baden as far back as 1895. Today, the Baden-Alsace golfing region is one of the finest in Germany. Why? Because its various championship courses perfectly combine golfing finesse with spectacular views and the best spa facilities – all set within the appealing landscape in and around Baden-Baden. They say that playing a round of golf in Baden-Baden is the same for a golfer as taking part in the Mille Miglia Rally is for fans of classic cars.

Baden-Baden and its finest and most comfortable hotels offer golfers from all over the world a unique key to the golfing paradise of Baden-Alsace.



### *Green wins.*

*'We have been coming for years and always look forward to our time here. Is it boring when people have their rituals and know exactly what they want? We always stay in the same room at Brenners, because it is quite simply the finest room in the world. My husband plays golf every day with his friends and I meet up with my friends. We take a stroll along Lichtentaler Allee, enjoy the roses, the art and a good cup of coffee. And yet every year is different. The year before last, my husband didn't make a single hole. Last year, we cried together for the first time in 45 years of marriage at violinist Ann-Sophie Mutter's performance and yesterday I was incredibly brave and cycled to the vineyards alone on an e-bike. I can't wait to see what next year brings.'*

Andrea und Richard von H. from Detmold

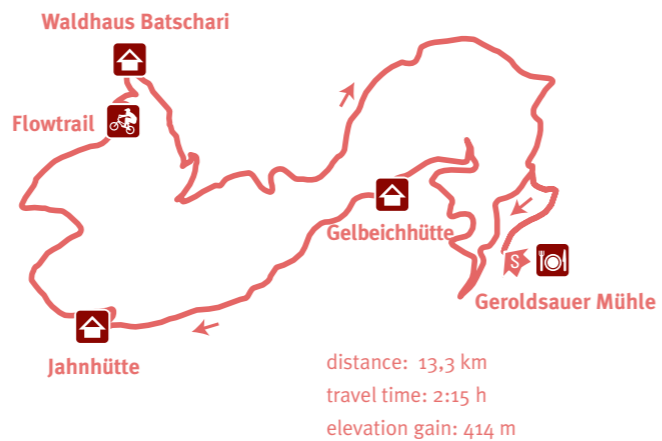
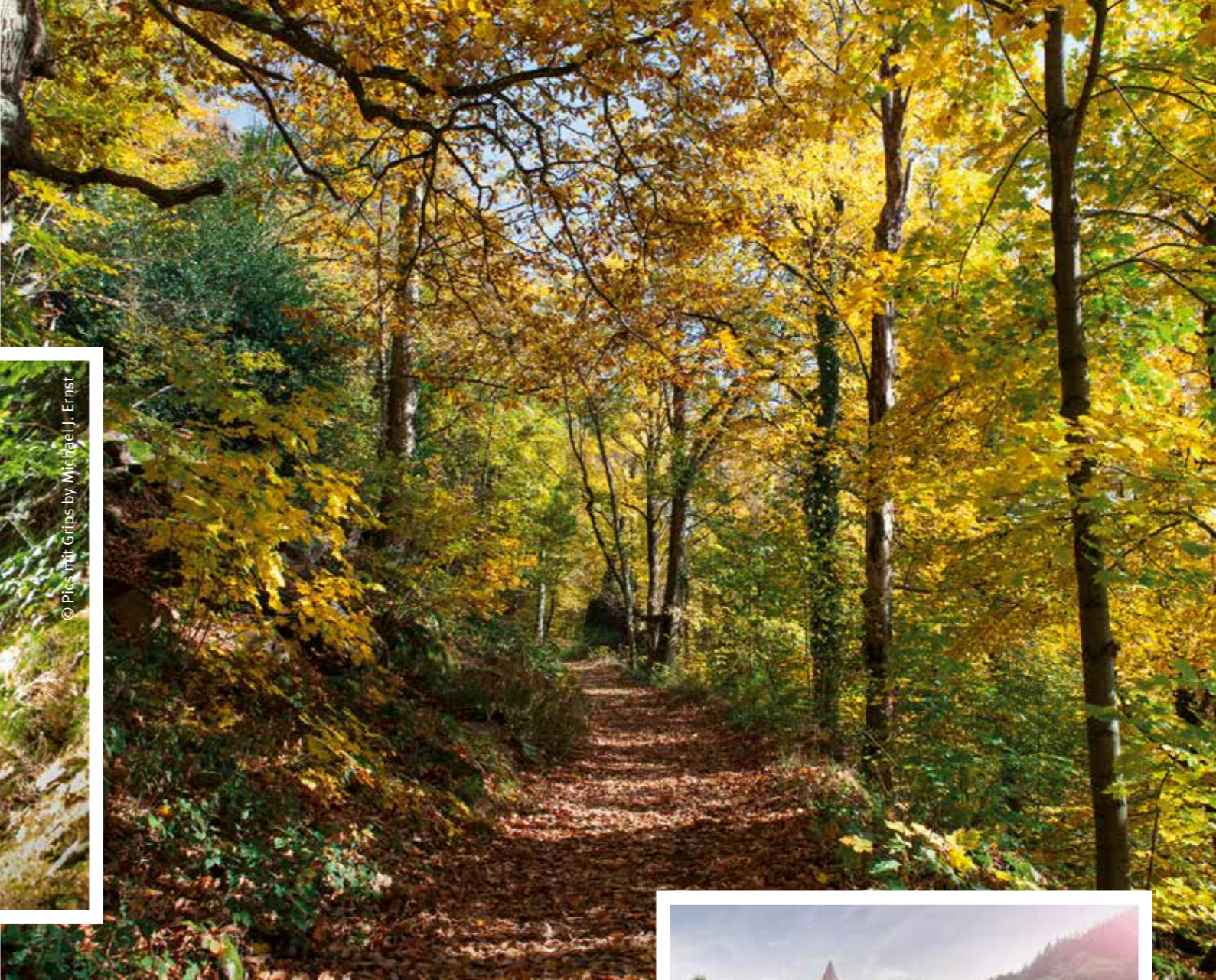


# The mountain bike paradise of Baden-Baden

It is common knowledge that for many people happiness can be found on a bike saddle. We have good news for all those: Baden-Baden and its mountain bike trails will have your pulse racing with joy. The scenery alternates between sun-drenched vineyards, refreshingly cool forests, mountains, valleys, orchards and beautiful natural sights. You decide what you want – fast or slow, for beginners or advanced riders, steep or flat. The route network is vast and diverse, with two new attractive tours added: the *Yburg* and *Leisberg* trails. They run through Baden-Baden's municipal forest, the biggest of its kind in the south. Unspoiled, the trails are peppered with challenges to suit all riders, pretty wild in places and always guaranteed to provide a great deal of enjoyment.



© Pics mit Grips by Michael J. Ernst



## THE YBURG TRAIL.

The start and end point is *Zimmerplatz*, which can be reached directly from the Black Forest High Road. Simply make the steep ascent to the summit of the *Yburg* and then follow the sweeping paths that wind all the way down from the *Iberst*. Use your brakes as and when necessary. In short, experience your own ups and downs through the forest and vines with their wonderful scents and magnificent views. And keep yourself hydrated by stopping off for a drink on the *Yburg*.

## THE LEISBERG TRAIL.

The start and end point is the *Geroldsauer Mühle* car park. It's steep on the way up and on the way back down, with a high proportion of single tracks. The *Leisberg* trail is not for the faint of heart, but you will be rewarded: from the *Batschari* hut you will immediately see why so many people wax lyrical about this area. Once you have savoured the view, you can stop off at the *Geroldsauer Mühle*, where the waiter is waiting to take your order. After topping up your energy levels, you could actually combine the *Leisberg* trail with the *Yburg* trail, although that particular tip is only for endurance heroes. For everybody else, Baden-Baden famously offers all kinds of ways to relax.

## A high on two wheels.

*'I was the fastest on a tricycle at the age of two. At six I was king of the road on the banana bike. I got a much longed-for racing bike for my confirmation, but it ended up in the basement at some point. I came to Baden-Baden to rediscover an old love: cycling for cycling's sake. No emissions, just clean air. No stress, just pure joy. No cars, just other sports enthusiasts. It's also pretty challenging: steep trails, bone-shaking ups and down, sweeping paths. But when you're standing on a mountain gazing at the world below while sweat trickles down your brow, it's a feeling like no other!'*

Christoph G. from Potsdam





# Get active in Baden-Baden.



## E-BIKE, MOUNTAIN BIKE OR TOURING BIKE:

An El Dorado awaits cycling fans in and around Baden-Baden. Around 300 kilometres of trails are available for cyclists in Baden-Baden municipal forest. There are designated bike trails stretching from the banks of the Rhine to the highlands of the Black Forest.

Try out the *Rebland* tour and the summit tour, tear down the mountain bike trails or take things easier with a pleasant ride along *Lichtentaler Allee*.

## GOLF:

A fantastic golfing landscape stretches from St. Leon-Rot all the way to Alsace: the Baden-Alsace golfing region. Its clubs satisfy the highest standards and are no more than an hour's drive away from Baden-Baden, although most of them are much nearer.

## HORSEBACK RIDING:

From the *Klosterwiese* near *Lichtentaler Allee*, horse and rider will find a wonderful route that takes them through meadows and forests and along cool streams.

## CLIMBING:

The *Battered* rock formation is a real challenge: with steep towers and sheer rock faces, narrow shafts and overhangs, it has difficulty levels to suit all Alpine climbers.

## NORDIC WALKING:

*Hungerberg* and the Devil's Pulpit – the names sound worse than they actually are. Attractive routes start in the town centre. The *Hungerberg* tour is nice and easy: after just 4.4 kilometres you can stop for a bite to eat. The 6.5-kilometre route up to the Devil's Pulpit is more challenging, because it involves a 216-metre climb. The toughest of all is the 8.3-kilometre route to the foot of the *Battered* rock formation. There are more routes in Baden-Baden's *Rebland* region.

## ARCHERY:

In a quarry in Lichtental you can discover the sport that combines strength, elegance and technical skill. Experienced trainers are on hand, so there is no need to worry. Concentrate and you may even hit the bullseye! And if not, you are here to learn after all.

## PARAGLIDING AND BALLOONING:

Take a run-up and you're up, up and away! Are you brave enough? In any case, from the *Merkur*, the region's landmark mountain, you have the opportunity to go (tandem) paragliding and view the town from above. Or you can take things easier and float over the town and surrounding countryside in a hot-air balloon. You certainly need to be brave, but you will also definitely be rewarded.

## *Dostoevsky and the climbing rocks.*

*'For Isobel, happiness can be found on horseback, which is why she is exploring the 148 kilometres of bridle paths in Baden-Baden. For her husband Geoffrey, however, there is nothing better than holding onto the rock and not knowing what to do next. I love charging up and down the mountains on my bike. Only Marc wants to spend the entire day on the lounge in the hotel park reading Dostoyevsky while drinking Russian tea. When all four of us meet for dinner in the evening, we are worn out – three of us due to sport and the other by nineteenth-century disasters. Something strange happened today, however: Marc said he would like to join me tomorrow paragliding from the Merkur over Baden-Baden. I wonder how that idea got into his head.'*

Melina and Marc W. from Hamburg,  
Isobel and Geoffrey T. from Brighton



	circular and theme trails	distance markings	travel time	description	stopping possibilities
1	<b>WATERFALL CIRCULAR TRAIL</b>	3 km 	1 h	a walk through a ruggedly picturesque canyon reminiscent of a primeval forest to the <i>Geroldsau</i> waterfall; especially attractive in June during the rhododendron bloom	<i>Waldgaststätte Bütthof</i>
2	<b>KREUZFELSEN CIRCULAR TRAIL</b>	11 km 	3 h 45	varied hike from the gorge-like <i>Grobbach</i> (coarse brook) valley up to the beautiful <i>Kreuzfelsen</i> (cross rock) with its three-castle view	<i>Waldgaststätte Bütthof</i>
3	<b>GAME RESERVE CIRCULAR TRAIL</b>	4.5 km 	1h 30	through the recreational forest at <i>Merkur</i> to the special highlights: <i>Merkur</i> mountain railway, sunbathing lawn, game enclosure with red deer, fallow deer, mouflon and wild boar, view of Lichtental valley from the <i>Marienkapelle</i> chapel	<i>Waldcafé</i>
4	<b>SCHARTENBERG CIRCULAR TRAIL</b>	6 km 	2 h 30	panoramic path through vineyards past the granite rock <i>Heiligenstein</i> (stone of saints) to the summit of the <i>Schartenberg</i> (notch mountain)	Inns in <i>Neuweier</i>
5	<b>YBURG CIRCULAR TRAIL</b>	5 km 	2 h	on a shady path up through beautiful biodiverse forests to the <i>Yburg</i> (castle ruin, viewpoint), downhill with a great view through the vineyards	Inns in <i>Neuweier</i> and the castle restaurant
6	<b>OOSTAL CIRCULAR TRAIL</b>	 first part 3.7 km second part 8.2 km	1 h 30 2 h 30	beautiful valley meadows grazed with Highland cattle, untouched Black Forest valley	<i>Forellenhof</i>
7	<b>STEINBERG CIRCULAR TRAIL</b>	3.6 km 	1 h	leisurely hike, barbecue and play at the <i>Scherrhaldekopf</i> resting and play area	<i>Scherrhof</i>
8	<b>KORBMATTEFELSEN CIRCULAR TRAIL</b>	3.8 km 	1 h 30	hike to the magnificent vantage points at <i>Korbmattefelsen</i> and <i>Batscharihütte</i>	
9	<b>BEUTIG CIRCULAR TRAIL</b>	8.3 km 	2 h 30	directly from the spa garden with <i>Stourdza</i> chapel, drinking hall and spa house up into the <i>Waldsee</i> (forest lake) valley with its idyllic lakes, to magnificent vantage points, back through the <i>Lichtentaler Allee</i>	
10	<b>BATTERT CIRCULAR TRAIL</b>	2.8 km 	1 h 30	dramatic rocky landscape at <i>Battert</i> , <i>Altes Schloss</i> (old castle), <i>Ritterplatte</i> (knights plateau) (magnificent vantage points)	Old Castle
11	<b>EBERSTEINBURG CIRCULAR TRAIL</b>	9.4 km 	3 h	Hike to the scenic attractions around <i>Ebersteinburg</i> : castle ruin <i>Alteberstein</i> (vantage point), rocky landscape at the <i>Verbrannter Felsen</i> (burnt rock), opera scenery at the <i>Wolfsschlucht</i> (wolf's gorge)	Inn <i>Wolpertinger</i> at the <i>Wolfsschlucht</i>
12	<b>OBERSTER BERG CIRCULAR TRAIL</b>	4.5 km 	1 h 30	along the <i>Grobbach</i> into the near-natural forests of the <i>Oberster Berg</i> (highest mountain), back via the <i>Übelsbach</i> valley	<i>Geroldsauer Mühle</i>
13	<b>REHGARTEN CIRCULAR TRAIL</b>	4.0 km 	1 h 30	along the <i>Grobbach</i> through the meadow valley of the <i>Übelsbach</i> , up to the <i>Herrenackerweg</i> (lords field path) and back over the orchards of the <i>Rehgarten</i> (doe garden)	<i>Geroldsauer Mühle</i>
14	<b>WOOD AND ROSE CIRCULAR TRAIL</b>	3.6 km 	1 h 30	<i>Michaelsberg</i> , old forests at <i>Friesenberg</i> , rose novelty garden, villa area at <i>Beutig</i> , <i>Museum Frieder Burda</i> , <i>Lichtentaler Allee</i> with colonnades	
15	<b>YBURG STEEP TRACK</b>	0,8 km 	0 h 30	below the castle wall on a narrow climb once around the <i>Yburg</i> – an exciting path for children, surefootedness required	castle restaurant
16	<b>NEUWEIER WINE ROUTES</b>	7.1 km 	2 h 30	dry walls in the <i>Mauerberg</i> (wall mountain), <i>Neuweier</i> Castle, viewpoints at <i>Heiligenstein</i> and <i>Dursthalde</i> (thirst dump)	Hotel <i>Heiligenstein</i> or <i>Rebenhof</i>
17	<b>VARNHALTER CIRCULAR TRAIL</b>	8.6 km 	2 h 45	magnificent views over the vineyards into the Rhine valley and to the Vosges mountains, idyllic fishpond in the <i>Grünbachtal</i> valley, resting and playground <i>Nellele</i>	<i>Röderswald</i> , sports ground of FC <i>Varnhalt</i> , <i>Straussi Nägelsfürst</i>
18	<b>PANORAMA TRAIL</b>	40 km 	10-12 h	certified premium hiking trail to the scenic highlights of the spa town on 4 stages to magnificent vantage points, dramatic rocks and waterfalls, through orchard meadows and shady brook valleys (information flyer available)	<i>Waldgaststätte Bütthof</i>

